

TABLE OF CONTENTS

Welcome

- About FAME.....4
- About RIMI.....5
- Financial Deadlines.....6
- Team Meetings.....7
- Raising Support.....8-10
- Trip Policies.....11-12
- Communication Guidelines.....13

About India

- Quick Facts.....14
- Geography.....15
- Nature.....16
- History.....17
- Government & Economy.....18
- Religion.....19
- Language.....20
- People & Culture.....21
- Celebrations.....22
- Sports & Games.....23
- Food.....24
- Clothing.....25

Travel Info

- Passport & Visa Info.....26-27
- Health & Vaccines.....28
 - Staying Healthy.....29
 - Travel Medications.....30
- Packing List.....31
 - Dress Requirements.....32
- Trip Leader Contact.....33

**"FOR WE ARE HIS WORKMANSHIP,
CREATED IN CHRIST JESUS TO DO GOOD
WORKS, WHICH GOD PREPARED IN
ADVANCE FOR US TO DO."**

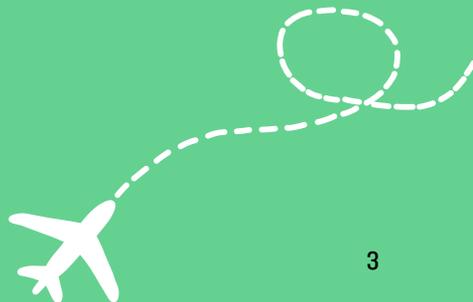
-EPHESIANS 2:10-

**Welcome! We are thrilled that you are
preparing to join FAME on this trip to
Brazil to partner with Central Brazil
Mission.**

**Many exciting things happen when we
are on the field, and it is a blessing that
you are part of this team. As you plan
and pack, we are preparing for the trip
as well. We want you to have a great
trip, so please take time to read this
whole trip packet carefully. It should
answer many of your questions.**

**If you have further questions regarding
the trip, please direct them to Mallory
Fehl (mfehl@fameworld.org).**

**As you may expect, life in Brazil is
different than in the United States. Be
ready to be flexible and patient as we
journey together.**





**FELLOWSHIP OF ASSOCIATES
OF MEDICAL EVANGELISM**

LOCATED: INDIANAPOLIS, IN

Mission:

FAME is sending help and hope in the name of Christ to the world's most vulnerable through medical evangelism.

Vision:

To be a global leader in evangelism through healthcare.

Core Values:

- Evangelism
- Compassion
- Empowerment
- Sustainability
- Partnership

Core Activities:

- Give: Healthcare projects
- Send: Medical supplies
- Go: Short-term trips

Learn more: www.fameworld.org



CENTRAL BRAZIL MISSION

LOCATED: AMAZON RIVER

Mission: We base the philosophy of our ministry on Mathew 28:18-20 and Ephesians 4:7-16. " TO MAKE DISCIPLES, MAKE BETTER DISCIPLES AND YOU WILL MAKE MORE DISCIPLES."

Core Activities:

- Project Amazonas
- Novo Horizonte Ministry
- Aviation with Bearhawk

Leadership:

- In 1969, right around the time that man set foot on the moon, a family moved from Ohio to Brazil to begin missions work, finding themselves in a strange new place that might as well have been the moon. Fifty-five years later, Earl Haubner estimates that they've seen more than 50,000 baptisms as Brazilians and others across the world have come to know Jesus.

Read more:

<https://www.cbm.org.br/newsite/index.htm>



FINANCIAL DEADLINES

FEBRUARY: \$1,400

MARCH: \$730

APRIL: \$730

The total estimated trip cost is \$2,860.00 per person. This includes airfare, in-country transportation, travel insurance, food, lodging, interpreters, and an excursion. This does not include passport fees, immunizations, airline baggage, souvenirs, airport meals, or incidentals. \$100.00 is usually sufficient to cover incidental expenses.

All funds should be submitted to FAME. Funds can be sent via checks or online using this link: <https://www.fameworld.org/giving-hope-through-trips/>

Contributions are NOT refundable once submitted to FAME. If you are unable to go due to illness or an emergency, submitted funds may be applied (within a year) towards another FAME trip.

MEETING DATES

APRIL 5: 2PM EST

MAY 17: 2PM EST

JUNE 7: 2PM EST

JULY 12: 2PM EST

FAME uses a training program called Mission's Academy. Each participant will be given access to this online platform where they will work through training modules. Much of the training will be done individually, and our three team Zoom meetings will help further the discussion.

Each participant will be given three books that coincide with the training.

Book 1: A field guide that the participant uses as they work through the training.

Book 2: A 30 day devotional guide that each participant will work through 30 days prior to departing.

Book 3: A journal to use upon returning from the trip to assist with re-entry.



RAISING SUPPORT



The most important thing in raising your finances for this trip is to understand that this mission is God's and not yours. Dedicate this to prayer. Trust that God can provide for you in a variety of ways.

The amount of money that you need to raise may seem insurmountable. Remember that funds can come from a number of sources over a period of several months, which will make it seem much more attainable. You may want to get family, your church, missions committee, neighbors, and interested people in your community involved.

The following are fund-raising ideas that others have used to raise their support:

- Assistance from your home church. Let your church know what you are doing. Ask for prayer and financial support. Ask the church to host to host fund-raising activities for you. Send letters to individual church members asking for their support. A sample support-raising letter is included in this packet.
- Assistance from family and friends. Send letters to relatives and friends asking for prayer and support. Enlist family and friends to help you with fundraising activities. Use your birthday and other gift-giving occasions to ask for support, in lieu of a traditional gift.
- Assistance from other churches. If there are other churches in which you have been involved, contact them, let them know your plans, and ask for their support.
- Hold fundraising activities. This includes such things as having a car wash, mission luncheon, auction, garage sale, bake sale, craft fair, doing odd jobs, go-fund me, etc. Use your imagination!

SAMPLE SUPPORT LETTER



The following is a form letter that can be used to solicit funds and prayer support. This is just an example. Please personalize it to meet your specific needs and situation.

Dear...

I am sending you this letter so that you might share in my excitement and in my prayerful anticipation of serving on the mission field this year. From (dates of trip), I will be in (name of city, country where serving), with a short-term mission team providing medical care, medical education, training, and working with local churches all for the purpose of taking Christ to the unreached and undeserved. My personal gifts and abilities will be used to their fullest, but more importantly, my love for Jesus will be shared with the people there.

I would like to ask you to join me in praying for God's wisdom and strength as I follow His leading. It is a humbling thing to ask for help, but at the same time it forces me to grow in my faith. While it's true that I need help funding the trip, please do not make a financial donation to this cause if it would be done out of a sense of obligation. I understand that no one has unlimited funds and that unexpected expenses seem to appear in our lives, but, if you are able, and if it would bring you the joy that I believe it can, any amount would be greatly appreciated.

Regardless of the decision you make concerning my financial need, I would ask you to please let it not interfere with my request for your partnership in prayer. I am seeking to have someone committed to pray for me each day of the trip. If you are willing to be one of my prayer partners, please let me know. I know that God's desire is that I continually seek His direction as I make my needs and requests known to Him!

TRIP POLICIES



- The trip leaders and the host missionary are the recognized authorities on the trip. Any defiance toward a trip leader or host missionary may result in immediate termination of your mission trip and you will be sent home at your expense.
- Conduct is to be that expected of a Christian person-willing to give and take and maintain the spirit of unity and harmony of the group, to extend politeness and courtesy to those with whom we come in contact (missionaries, nationals, team leaders, team members). A positive attitude is expected.
- Regardless of your personal religious belief, you will be expected to support the mission's stance as we help those in need.
- All trip participants are required to follow the trip schedule and participate in all group functions and team meetings. Permission to deviate from the scheduled activities must be obtained from the trip leaders.
- Always be on time for meals, devotions, and other activities.
- No smoking or tobacco of any form, illegal drugs, or alcohol is permitted while on the trip.
- Be mindful of your speech and behavior making sure it is appropriate for all settings.
- You will be expected to acclimate to the host culture. This may mean eating food you are unfamiliar with or participating in foreign customs. Complaining about or constantly comparing the differences from U.S. culture is considered inappropriate.
- Pairing off is NOT permitted, as it tends to distract from the real purpose of the trip. Males are not allowed in females' rooms and vice versa. (With the exception of married or related family members) Due to cultural considerations, public displays of affection are not acceptable.

- Separation from the group is not allowed without prior approval by the team leader. Always let the team leader or host missionary know your whereabouts. NEVER wander off or go exploring by yourself.
- It is important that you dress in a neat, clean, and modest fashion. Your appearance is important not only for the missionary's reputation, but in the way the local people will perceive you. You may have to submit to certain restrictions regarding dress or appearance. (This information will be given elsewhere)
- Due to cultural considerations, practical jokes are not permitted.
- Do not give gifts of any kind to nationals without consulting the host missionaries or trip leader. The preferred method of giving is through structured programs by the host mission. Careful consideration should be given to the sharing of your personal contact information with any nationals, except for our host missionary. Well intentioned friendships can quickly turn into a form of dependency using friendships to get material gifts.
- Play with the kids outside. No youth or children should be invited into your personal living space. This is for their protection, as well as yours.
- Do not brush your teeth with or drink the tap water.
- Cell phone use to make personal calls, post on social media, and texting should be done during free time either before our day begins or at the end. Do your best to be present with your team members, hosts, and patients always.

GOLDEN RULES

- 1.No Complaining
- 2.Do everything you are asked
- 3.Leave every space cleaner than you found it



COMMUNICATION GUIDELINES



Communication standards, expectations, methods and interpretations vary from culture to culture. This includes virtual communication.

- Generally, exchanging contact information and maintaining communication with minors, without parental knowledge, consent, and oversight, is not recommended.
- Generally, 1-on-1 communication between members of the opposite sex is not recommended.
- As much as reasonably possible, keep text conversations in group chats.
- Do not give out someone else's personal contact information without their permission.
- It is OK to refrain from sharing contact information.
- Participant conduct is to be that expected of an individual following Christ, including their interpersonal communications, both in-person and virtual.

The most important communication guideline is to communicate and be transparent with your trip leader and in-country host. Your trip leader and/or host will be able to give insight into and help you navigate different communication situations.

On trips, meaningful connections are often made in short periods of time, and it is amazing that we have the means to keep in touch with new friends across countries and continents. Our goal as a team is to support our host's ministry and connection in their community. This applies both while we are present in-country and to our ongoing communications after we leave.



Brazil

Quick Facts

Official Name: Federal Republic of Brazil

Government: Democratic Federal Republic

Capital: Brasilia

Population: 208,846,892

Official Language: Portuguese

Currency: Real

Area: 3,286,470 Sq miles (8,511,965 Sq kilometers)

Flag:





Brazil

Geography

Brazil is the largest country in South America and the fifth largest nation in the world. It forms an enormous triangle on the eastern side of the continent with a 4,500-mile (7,400-kilometer) coastline along the Atlantic Ocean. It has borders with every South American country except Chile and Ecuador.

The Brazilian landscape is very varied. It is most well known for its dense forests, including the Amazon, the world's largest jungle, in the north. But there are also dry grasslands (called pampas), rugged hills, pine forests, sprawling wetlands, immense plateaus, and a long coastal plain.

Northern Brazil is dominated by the Amazon River and the jungles that surround it. The Amazon is not one river but a network of many hundreds of waterways. Its total length stretches 4,250 miles (6,840 kilometers). Thousands of species live in the river, including the infamous piranha and the boto, or pink river dolphin.





BRAZIL

Nature

Brazil has the greatest variety of animals of any country in the world. It is home to 600 mammal species, 1,500 fish species, 1,600 bird species, and an amazing 100,000 different types of insects. Brazil's jungles are home to most of its animal life, but many unique species also live in the pampas and semidesert regions.

In the central-western part of Brazil sits a flat, swampy area called the Pantanal. This patchwork of flooded lagoons and small islands is the world's largest wetland. Here live giant anacondas, huge guinea pig relatives called capybaras, and fierce South American alligators called caimans.

For years, people have been exploiting the jungles of Brazil. But since Europeans arrived about five centuries ago, forest destruction has been rampant. Most of Brazil's Atlantic rain forest is now gone, and huge tracts of the Amazon are disappearing every year. The government has established many national parks and refuges, but they only cover about 7 percent of the country.





Brazil

A brief history

Until recently, scientists thought Brazil was first settled by Asians years ago. But new evidence shows there were people living there many years before. Some experts think they may have arrived from islands in the Pacific Ocean.

Brazil was added to the map of the world during the great European explorations in the late 15th century led by Portugal and Spain. When Europeans first reached the coast of Brazil, the country was home to about 30 million indigenous people, or Amerindians. Today, only about 300,000 remain, living primarily in Brazil's remotest places.

Portugal established its first colony in Brazil in 1530. Colonists created sugarcane plantations along the coast and sent diamonds and gold back to Europe. Soon, people from West Africa were brought to Brazil to work as slaves. The discovery of large inland gold reserves brought thousands of people from the coasts and as far away as Europe to the interior of the country.

In 1789, Brazilians tried to kick out their Portuguese rulers. The rebellion was soon put down, but it started a movement toward independence. By 1822, Brazil was a sovereign nation. Kings of Portuguese blood ruled until 1888, when military leaders and landowners expelled the king, and Brazil became a federal republic.



Brazil

Government & Economy

Brazil is a federal republic with a president, a National Congress, and a judiciary. From 1888 until recently, the country struggled with democracy. But in 1985, the military government was peacefully removed, and by 1995, Brazil's politics and economy had become fairly stable.

Brazil has many different soils and climates, so it can produce a great variety of crops. Its agricultural exports include sugarcane, latex, coffee, cocoa beans, cotton, soybeans, rice, and tropical fruits. Brazil is also South America's most industrial nation, producing chemicals, steel, aircraft, and cars.

Current President:
Luiz Inácio Lula da Silva





Brazil Religion

Brazil's religious landscape is as diverse as its ethnic and geographic diversity. According to 2023 estimates,¹ most Brazilians in the country identify as Roman Catholic (52.8%), thus reflecting its historical relationship with Portugal and the Catholic Church. Regarding other denominations of Christianity, 26.7% identify with a Protestant tradition, with the majority identifying as Evangelical (25.5%). Brazil is also home to a small number of people who identify with African-American religious movements such as Umbanda (1.8%), while the remaining population identifies with some other religion (3%), agnostic, atheist or no religion (14.2%), or did not specify a religious affiliation (1.4%).





Brazil Language

- Olá: Hello
- Oi: Hi (informal)
- Bom dia: Good morning
- Boa tarde: Good afternoon
- Boa noite: Good evening/night
- Tchau: Goodbye (Brazil)
- Adeus: Goodbye (Portugal)
- Até logo: See you later
- Por favor: Please
- Obrigado/a: Thank you (use "Obrigado" if you identify as male, "Obrigada" if female)
- De nada: You're welcome
- Com licença: Excuse me
- Desculpe: Sorry
- Por favor: Please
- Sim: Yes
- Não: No
- Tudo bem?: How are you? (literally "Everything good?")
- Como está?: How are you?
- Estou bem: I'm fine
- Qual é o seu nome?: What is your name?
- Prazer: Nice to meet you



Brazil People & Culture

Most Brazilians are descended from three ethnic groups: Amerindians, European settlers (mainly from Portugal), and Africans. Starting in the 19th century, waves of immigrants from Europe, the Middle East, and even Japan added to this mix. This diversity of cultures has created a rich religious, musical, and culinary culture.

Brazilians are soccer crazy, and their country has produced some of the best players. The most famous of all is Edson Arantes do Nascimento, better known as Pelé. Brazil has won the World Cup soccer finals five times, more than any other nation.





Brazil Celebrations

Brazil has a large number of celebrations that have become very popular internationally. The most iconic event is the Carnival of Rio de Janeiro, in which there is plenty of color, music, parades where different schools wear traditional costumes, competitions and dances.

Although they have a variety of pagan festivals, many events are religious in nature. The popular festival of São João is an example of this. Almost a month of celebrations are lived intensely in the northeast of the country. Also, due to the Portuguese colonization and immigration, Brazil also has festivities with European and African influences such as the Cavalhadas, where Moors and Christians confront each other.

Despite this, the country has also managed to preserve many indigenous festivals such as the Tiradentes or Folk Festival of Parintins.





Brazil

Sports & Games

Sports, we should say! Because it would be very reductive to limit the Brazilians to one sport: Brazilians practice all kinds of sports and will warmly support and applaud their champions in stadiums, on beaches or circuits. But, without doubt, there is one which infects the entire nation, as an integral part of Brazilian culture, it leads the way from the most downtrodden favelas to the most luxurious neighborhoods.

The recent history of Brazil is intimately linked to this sport imported at the end of the 19th century by the British. Football has become immensely popular in this vast country since the thirties thanks to the rivalries between the biggest clubs, and the organization of the first World Cups for which Brazil would qualify for each edition, a world record!

Another record Brazil holds is that of the most World Cup victories holding five! With players who have become universal stars like Sócrates, Zico and Ronaldo, not to mention King Pelé, the country has become the living synonym for the number one sport in the World.

Football in Brazil is a kind of pagan religion that generates passions that can casually go beyond the limits of human reason. During the big games, the country stops and lives feverishly, whether in front of televisions for international meetings, or in mythical stadiums like the Maracanã of Rio or the Morumbi of São Paulo, where the party reaches levels unmatched anywhere in the world.



Brazil Food

Brazilian food has been heavily influenced by the Portuguese colonization of the 16th century, by slaves brought from Africa, and by indigenous peoples, as well as other European, South American, and Asian countries. After slavery was abolished, Brazil recruited Europeans and Japanese immigrants to work in the coffee plantations – indeed today, Brazil is home to the world’s largest community of Japanese descendants outside of Japan, numbering about 1.6 million people.

This influx of immigrants brought even more recipes and culinary influences to the table of traditional dishes. From the moment you arrive in the country, you’ll see that Brazilian recipes are prepared with love, and meals are more than simple meals – they’re an event.





BRAZIL Clothing

Brazilian fashion and design reflect the country's rich blend of cultures, tracing their roots back to indigenous craftsmanship long before European influence. Traditional artisans from groups like the Guarani and Xingu have long created hand-woven textiles, seed-beaded jewelry, and natural-dyed fabrics that remain central to Brazil's creative identity today. Over time, Portuguese and African influences added new materials, colors, and silhouettes, shaping a uniquely Brazilian aesthetic that celebrates both heritage and diversity.

In the 20th century, Brazilian fashion began to find its international voice—especially in the 1960s, when designers like Zuzu Angel challenged convention by fusing political expression with bold, tropical styles. The rise of São Paulo Fashion Week later positioned Brazil as a major global fashion hub, spotlighting designers who skillfully mix local artistry with contemporary trends.

Today, the country stands out for its sustainability and innovation. Brands such as Osklen and Farm Rio embody Brazil's vibrant spirit through eco-friendly materials, tropical prints, and socially conscious production. Beyond fashion, Brazilian design extends to architecture and interiors, inspired by figures like Oscar Niemeyer, continuing a long legacy of creativity grounded in culture, color, and community.

PASSPORT INFORMATION



- The US government requires a passport book for everyone traveling to and from international locations by air.
- When traveling internationally, your passport should be valid at least six months after entry in-country.
- Your passport must also have at least 2 blank consecutive pages.
- If you do not have a passport, you need to start the application process now. Passport processing times vary widely so don't put this off. Processing could take up to 12 weeks or longer.
- Passport applications are available at your county clerks office or some local post offices. You can also obtain an online passport application at www.travel.state.gov
- You will need two regulation size passport pictures. Travel agents, American Automobile Associations, Wal-Mart, Walgreens, and CVS are possible places to have your passport photo taken.
- You will need a certified copy of your official birth certificate. Check with the health department in the county in which you were born if you do not already have this document.
- Current fee is \$165 for ages 16 and older, \$135 for under 16 years of age. Renewal fee for adults is \$130.

HEALTH & VACCINES



At this time, there are no vaccines required for entry to Brazil. However, FAME recommends reading the CDC recommendations to make an informed decision. (www.cdc.gov/travel)

Recommended by the CDC:

- Chickenpox (Varicella)
- Shingles
- Polio
- Hepatitis A & B
- Diphtheria-Tetanus-Pertussis
- Measles-Mumps-Rubella (MMR)

Food and waterborne disease are the number one cause of illness for travelers. Traveler's diarrhea can be caused by viruses, bacteria, or parasites, which can contaminate food and/or water. Infections may cause diarrhea and vomiting, fever, or liver damage. Make sure your food and drinking water are safe. Do not eat or drink anything unless the host missionary or trip leader says it is safe to eat and drink.

You will not be in an area at risk for Malaria, but each traveler can determine if they want to take malaria prevention medication.

STAYING HEALTHY



- Wash hands often with soap and water
- Drink bottled water, or carbonated drinks in cans or bottles. Avoid tap water, fountain drinks, and ice cubes (bring your own refillable water bottle)
- Eat food (specifically meat) that is fully cooked
- Take any medications as directed
- Keep feet dry and clean to prevent fungal and parasitic infections
- STAY HYDRATED! (We are a chronically dehydrated species, and we need to drink water)
- Liquid IV, emergency, airborne, and other liquid supplements can aid in boosting your immune system and are recommended.

MEDS TO TRAVEL WITH



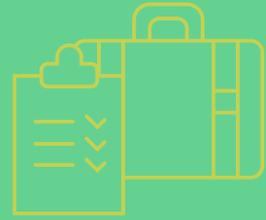
Below are a few common prescriptions or over the counter meds that are useful to have on hand when traveling.

- Dramamine
- Zofran
- CIPRO
- Azithromycin
- Tylenol/Ibuprofen
- Aspirin
- Pepto/Tums
- Stool Softeners
- GasX

Travel/Plane Recommendations

- Travel Pillow
- Earplugs for plane rides
- Face Mask for plane rides
- Water Bottle (fill up in airports)
- Gum (helps ears adjust on planes)

PACKING LIST



- Passport
- Colored copy of the first two pages of your passport
- Bible/journal/pens
- Clothing (see next page)
- Shoes (ex: tennis shoes, sandals, flip flops, Chaco's)
- Sleepwear
- Sunglasses/hat
- Sunscreen/bug spray
- Toiletries
- Personal Medications
- Earplugs
- Travel pillow
- Refillable water bottle
- Snacks (if desired)
- Drawstring bag/backpack
- Spending money (\$50-\$100)
- Hand sanitizer/wet wipes
- 1 Toilet paper roll
- Towel/Washcloths
- Sleeping bag or set of sheets and a blanket
- Pillow
- **Medical participants (any instruments such as stethoscopes, otoscopes, etc.)

*This is a preliminary packing list, it could change as we get closer to the trip.

DRESS REQUIREMENTS



- Expect warm/humid conditions and temperatures between 80-90°F during the day and evenings around 70-75°F.
- Pajamas should not be worn outside of sleeping areas.
- Jewelry should be kept to a minimum
- Scrubs or modest attire and comfortable shoes should be worn for all clinic days.

Ladies:

Shirts must be modest (thick tank tops in the evening are fine). Modest shorts can be worn, but are not recommended for clinic days. For church, a long skirt or dress should be worn.

Men:

No tank tops or cut-off shirts. For church, a dress shirt, short-sleeve button-up, or polo shirt and pants should be worn.

Following these guidelines is important for our host mission's reputation, as our dress impacts how our team will be perceived. If you have questions about attire, please ask.

If needed, the trip leader or host missionary may ask you to change into something different

FINAL COMMENTS

Congratulations on making it to the end of this trip packet! Hopefully most of your questions were answered here. If not, please contact your trip leader below.

With joy,

Mallory Fehl
mfehl@fameworld.org
(317) 737-5078

